



1) Ms. Suman Gahlot (National President, Holistic Wellness & Resorts Council – WICCI)



Suman is a dynamic and charismatic industry veteran with old-world learnings and new-age thinking. Mentored by the best in the business, she is known to hand-pick and curates a bastion of the finest hospitality talent. Bestowed with an energetic and dynamic personality, leadership comes naturally. A maverick at multi-tasking with multi-disciplinary expertise, her responsibility includes dexterously and meticulously negotiating through cross-functional areas.

Suman is recognized in the industry as an adroit businesswoman, conscientious in her execution and prudent with her resources. Coming from a great legacy and lineage- The Taj Group of Hotels & Marriott International Suman has managed many hotels and currently assigned as General Manager of Aloft New Delhi Aerocity, a life style brand of hotels designed differently for very sassy and Savvy the NOW generation.

Along with her journey, she has been conferred with 'Women of the Decade in Hospitality' by the Women Economic Forum and many donors for her exemplary work.

Suman is committed to the cause of 'gender parity' within the workplace and works relentlessly, to get closer to her goal. She is a passionate supporter of the woman in pursuit of their dreams

and that is why she established ASSOCHAM Ladies League- Hyderabad Chapter. As the Global Vice President ALL, she promotes sisterhood and helps women realize their potential.

Armed with an art's degree, Suman has also achieved academic excellence in Mass Communication, Revenue Management and Strategic Business Management & Concept designing of Spa. A creator by heart, Suman possesses great prowess in art and design and holistic well-being to lead a fulfilling life.

2) Ms. Richa Khurana Singh (National Vice President, Holistic Wellness & Resorts Council – WICCI)



An Economics graduate from Delhi University, Richa's career spanning over two decades has been a rich and interesting amalgamation of largely hospitality interspersed with brief spells of IT/ITES and Corporate Communication. While the large focus in her career has been with Sales and Marketing with brands of the Taj and Oberoi Hotels, she has also dabbled with the a start up in her last stint panning around 6 years with Treehouse Hotels, a mid-segment hotel company and was responsible for strategy growth of the brand as an Executive Vice President. This role also had her spearhead some key initiatives like HR and frontline training. She is fairly well networked in the hospitality space and understands how to work with well-established and start up brands. Besides this her other interests include work in Self-Empowerment, Holistic Wellness and Sustainability space and also enjoys writing blogs and articles. She is an advocate and practioner of Self work and Healing Modalities and is well entrenched in the space of Wellness and Healing with Life Coaches

Richa's career started as a Graduate Management Trainee with Taj Hotels in 1995 post which she handled multiple functions in sales at the Oberoi Hotels and later headed Treehouse Hotels. She is currently based out of Bengaluru and takes up freelance training assignments. She is a certified Reiki Level two practioner. Her goal in life is realize and express her highest potential for the highest good of all.

3) Ms. Shweta Jai Gupta (National Council Member)



Shweta Jai Gupta is an MBA from Amity University and has around 20+ years of experience as a successful professional with corporate bigwigs like the Taj Group of Hotels, Nova Scotia Bank, The Oberoi Hotels and Aviva Life Insurance, before she started her own venture “Spa Hibiscus” (www.spahibiscusindia.com).

Shweta started her career with the Taj Group of Hotels in Sales and Marketing in 1995, from where she moved to Bank of Nova Scotia, responsible for Private Banking. Shweta joined the Taj Group again as Sales Head for Conferences and Incentives and went on to win the Best Sales Person award for 4 consecutive years while she worked with them from 2000 to 2005. In 2006 Shweta joined to Aviva Life Insurance and had various roles as National Head for Corporate Insurance, and Head of Sales – Bancassurance- for Eastern India Region.

She quit her corporate job in 2008 and decided to take a plunge in starting her own venture- Spa Hibiscus.

Spa Hibiscus is now a 20 outlet chain and growing. Hibiscus also has a consultancy vertical which offers a complete range of services for wellness starting from concept design, space planning, layout and interiors, menu planning, product mix, manpower planning and selection

et al, It also has a manufacturing unit at Haridwar, Uttarakhand and has its own range of wellness products and also supplies hotel bath amenities.

Spa Hibiscus has won many awards and has been recognized for their work by Asia Spa, Big Research and even the Chief Minister of Delhi – Ms. Sheila Dixit.

Spa Hibiscus also conducts various corporate training related to wellness, health and beauty. Some of their clients include Radisson Hotel, Park Plaza Hotel, American Express, GE, Cairn India etc.

Shweta lives in Delhi and has two children –Yashasvini aged 18 and Shaurya aged 12.

4) Ms. Meena Bhatnagar (National Council Member)



Ms. Meena Bhatnagar is the General Manager for Taj Wellington Mews Mumbai. A true champion of the values and commitment towards service excellence which encompasses taking care of associates and their career development plans. She enjoys the diversity of dealing with guests, meeting individually with department heads, exploring opportunities for improvement, solving concerns and moving forward together as a team.

Ms. Meena Bhatnagar says that she is a Panjabi by birth and was born and brought up in New Delhi. Though she was from a conservative background, she was blessed to have very modern parents who believed in education for girls and their subsequent financial independence. She completed her B.Com from Delhi University. B.ED in English and Social Science from Annamalai University. Diploma in IHM from Pusa University. She was never the topper but strangely she never aspired to be one! Her aspirations were very different right from her early days. She was interested in doing something that her heart and mind wanted to do and not something that the society expected her to.

Ms. Meena Bhatnagar is very passionate about women empowerment. After 13 year tenure with The Oberoi Group, Ms. Meena Bhatnagar moved to Inter Continental for a year as a pre-opening team. She then joined Taj group in 2003. Over the years she has received various accolades to her name, despite being a super achiever in every realm of her professional career, her commitment to work has never come in the way of her leading a fulfilling personal life. She acknowledges that her husband and child are her greatest treasures. A firm believer in 'health is wealth', she is a health and fitness conscious person who loves her evening walks as much as she loves cooking for friends and family. Travelling is another hobby that she follows, as it allows her to spend quality time with her family. Ms. Meena Bhatnagar is also passionate about interior designing. She believes in living life to the fullest and maximizing every moment of her time to its full potential and capacity, be it professionally or personally.

Awards and Accolades

Tata Excellence Award 3 times for Best Housekeeper

Hotelier award 2014.

BW Hotelier Indian Hospitality award 2018 west zone winner Executive Housekeeper of the year.

5) **Ms. Shipra Sharma (National Council Member)**



Ms. Shipra Sharma is the Founder of Tattva Spa, Shipra is an astute marketing professional with experience across retail, telecom and FMCG sectors with key market leader's organizations like Hindustan Unilever and Aditya Birla group. Shipra is an Instrumentation engineer and a PGDM from IIM Lucknow. She spearheads business development & marketing at Tattva Spa.

6) Ms. Sujaya Walia (National Council Member)



Sujaya Mohan Walia is a Management graduate in CRM from Symbiosis and has over two decades of experience in the corporate and public sector. Her rich professional experience spans the Hotel industry, Training and Recruitment, Business Development and Client Servicing across large multinationals.

After a rewarding stint across industry, her deep love and passion for natural living and Alchemy made her turn a passionate hobby into a more serious vocation. Purity is at the heart of everything she embarks upon and is the bedrock on which she founded Sue's Yogi Kettle (SYK) in 2016. SYK Tisanes are 100% organic, caffeine-free, hand blended herbal infusions which revitalize both mind and body.

A trained yoga instructor and a certified NLP practitioner, Sujaya is also the founder at “On My Terms” a support platform for breast cancer patients. She has successfully trained under the able guidance of Lee Majewski while working with therapeutic Yoga for oncology patients at the famed Kaivalyadham Ashram near Pune. She has worked closely with Medanta & Max Hospitals to provide integrated health support to oncology patients. She has worked with SBI Insurance on various cancer advocacy and awareness initiatives at the national and rural levels.

Her love and passion for health and wellbeing is at the core of her entrepreneurial journey with Sue’s Yogi Kettle and fuel her keen interest in yoga, hiking & cycling.

7) Ms. Urvashi Mehta (National Council Member)



Ms. Urvashi Mehta had worked with the Hospitality Industry for over 20 years, with leading brands like Ananda in the Himalayas & Carnoustie Ayurveda & Wellness Resort in Kerala, I have been associated with Brand Positioning and Marketing of Wellness Resorts within India and all key global markets. My journey as an Entrepreneur began three years ago where I was consulting with Resorts like Atmantan, Pema Wellness & Fazlani Nature's Nest. Am also proudly associated with FICCI as a part of the committee member to increase Ayurveda Tourism to India.

Being proudly associated to an “all women platform” gives me immense pride and I will be happy to contribute and take ahead this association to greater heights and be keenly involved in all the initiatives.

8) Ms. Gunjan Sabikhi (National Council Member)



Gunjan Sabikhi has over 25 years of experience in sales and client servicing. A post graduate in English literature she is currently working as Director Sales & Marketing with Elan. Prior to this, she worked with DDP Publications Pvt. Ltd, BW Business World and Saffron Synergies to name a few.

Gunjan is a tenacious business strategist who exudes energy and confidence to excel and deliver. Established track record in developing a powerful network of business contacts in the travel & hospitality industry.

Recognized as a top performer consistently achieving financial goals

And has worked in diverse environments with people from varied backgrounds. In her free she loves to read, cook and spend time with her fur baby.

9) Ms. Leena Gupta (National Council Member)



An alumni of the OCLD, my professional journey of 9 years with The Oberoi Group took me to various properties like The Oberoi Grand, Krishna Oberoi, Novotel Agra (then a part of the group), the Jazz Trident Khajuraho and the iconic The Oberoi New Delhi. I then moved to The Grand New Delhi as Executive Housekeeper for a year. Thereafter began a long journey with another iconic hotel of the country- J W Marriott, Mumbai. I worked in various capacities starting from Director of Services right up to heading the Rooms Operations of the Hotel. I have also had the privilege to work with Taj Palace New Delhi for a year as the Executive

Housekeeper. In the last 5 years, I have been in Delhi where I was initially working with The Grand New Delhi as Director of Rooms and Head of Operations.

I moved from hotel operations to consultancy in 2018 with Hotelivate (erstwhile HVS) with the Asset Management Division. I am a passionate hotelier who believes in walking the talk.

10) Ms. Sharmila Chand (National Council Member)



Sharmila Chand is a Senior Journalist, Author and Columnist, who has been contributing features for all the leading publications and newspapers. (She has authored a book called 'Cheers - 365 Cocktails and Mocktails by Om Books International. She is working on her next book.)

As a Journalist, her main interest has been writing on Wellness, Health, Travel and Food as she believes all these genres have a beautiful synergy. She travels and meets people who are making efforts towards creating a platform of Wellness and Healthy lifestyle so that she can write about their efforts.

Sharmila has also been a Speaker at forums related to Wellness. Last but not the least, She loves to teach, hence has been mentoring the youth as a Guest Faculty in various institutes.

11) Ms. Shaloo Dogra (National Council Member)



Ms. Shaloo Dogra is Yogacharya and co-founder of Epicurean, a leading hospitality firm in India. She has a master's degree in Yoga from Rishikesh and is a published author.

Shaloo learnt formal medications in 1993 and has since evolved into pure medications having experienced various, methods in Hinduism and Buddhism including Advaita Vendanta, Shunyata, Dzogchen, Mindfulness and stillness. She has explored perfect body alignments

through Iyengar Yoga, dynamic vinyasa flows, stillness oriented mindful yin yoga and mind/breath/muscle movements through Iron Yoga.

Shaloo teaches Hatha, vinyasa and therapeutic yoga and her clients range from cancer survivors, clinical depression patients to one's with thyroid disorders, hypertension, diabetes and other lifestyle related diseases including obesity. She has worked with all age groups. She delivers lectures on yoga scriptures and Advaita Vedanta as well.

Shaloo has a yoga studio in DLF phase 1, Gurgaon. She helps facilitate highly customized holistic wellness sessions (in-studio, online) and workshops, lectures and retreats for small, medium and large audiences.

12) Ms. Shiksey Puri (National Council Member)

