

Team Details

President: Gowri S Ramani

Vice President: Jayashree Marakini Braganza

Council Members:

Nandini vijaisimha,

Rekha Hatkanagalekar

Rajeshwari M S

Payal Khanna

Rekha R Upadhyay

Jalaja Hariprasad

Radhika Radhakrishnan

Sarah Ronnie George

Maya Sadasivan

Vanitha Choudhari

Sushma Banthia

Usha Raghunath

Jayashree Marakini Braganza

Jayashree is a graduate in Applied Psychology from Bangalore University. She holds a Postgraduate Diploma in Management in Human Resources from XLRI, Jamshedpur (1997-99). She is an ICF trained Associate Certified Coach, and an NLP practitioner trained by Rev Richard (Dick) McHugh himself. She is currently pursuing her PCC in Coaching and has been training to be a counsellor, under the aegis of ITAA (International Transactional Analysis Association) for the last 2 years.

Jayashree has 20+ years of experience across Management Consulting, L&D and Facilitation with substantial exposure to Sales, Marketing and Operations in the initial years. Entrepreneurship has always been close to her heart and she is now set to embark on her own entrepreneurial journey, setting up Chrysalyst, that will focus on Consulting, Training and Coaching.

Jayashree is passionate about enabling higher representation of women in all spheres of public life, helping them navigate their internal dialogues and their external contexts, and supporting them to be the very best version of themselves. She sees Coaching as an important tool to support women through their journey of self awareness and discovery of purpose, moving to mastery and regeneration.

Jayashree is a Volunteer and a ThinkTank member with CoachesForYou, an initiative by India's ICF trained Coaching community. Apart from CoachesForYou, she is a volunteer counsellor with SAATA, a parent counsellor at a school for children with special learning needs, and is part of a special counselling initiative started during the Covid period for the LGBTQAI community.



Name: Nandini Vijaisimha

Nandini Vijaisimha is the Head of Human Resources, Administration and Operations (India) for a Clinical Research Company, with over twenty years' experience in handling Human Resources across diverse industries in both India and the US. Ms. Vijaisimha holds post-graduate Certification in Human Resources, from XLRI, Jamshedpur, India. She also holds a Masters Diploma in Personnel Management and Industrial Relations from Bangalore University, Bangalore, India and a Bachelor's Degree in Arts from Bangalore University, India. She has undergone various certifications in Human Resource field in the area of compensation, performance management, competency management, Organisational design, psychometric testing etc, from CAMI, USA and Middle Earth HR, India. She is currently training to be a leadership and women Empowerment coach (ACC) from International coach Federation, US.

She started her career as a VJ, with Udaya TV, and has been involved, in mentoring, and grooming a lot of women, and helped them get employment. She is a career advisor for students who reach out to her for Guidance on what to do next in their career. She also heads the India division of MMS Academy, an academic division of the company she works in Currently, and helps students identify the right course, in their life science path.

She currently heads HR for India for MMS Holdings Inc,

Name: Rekha Hatkanagalekar

Rekha is a Leadership, Executive and Life coach holding a Master Certified Coach credential from International Coaching Federation. She comes with 35 odd years of wholistic experience as an Engineering Business Head, HR Head and Academician. She has spent 20 plus years in senior leadership roles, including as a partner in a startup software firm. During this time she coached/mentored and developed 100+ leaders towards business, professional and personal goals. She has around 4000 hours of coaching experience. In addition to her different roles, Rekha also sits as an external committee member on POSH committees of several organizations.



Name: Rajeshwari M S

Rajeshwari M S is a Certified Coach by the International Coaching Federation (ICF) and an NLP Master Practitioner (accredited by the American Board of NLP), With an MBA in HR as well as a Masters degree in Psychology, Rajeshwari has also completed the Richard-Bandler certified 'Advanced Diploma in NLP Coaching'. In her current role as an independent Consultant, Rajeshwari develops and delivers training content on Emotional Intelligence, Personal Mastery, Team Leadership, Performance Coaching and Goal-setting.

Trained and mentored by leading global Coaches such as Michael Beale and BJ Radomski, Rajeshwari is very passionate about her Transition Coaching work with women in helping them achieve their professional and personal goals. She also works as a Performance Coach with first-time as well as senior managers in helping them develop a coaching mindset to team leadership. A mother of three, she spends her free time learning music, reading and pursuing her wellness goals.



Name: Payal Khanna

Payal Khanna is an Associate Certified Coach with the International Coach Federation. With close to a decade's experience, she is an academic with a strong background as an education professional. She is a M.Phil. in Humanities, and also holds a PG Diploma in Nutrition and Child Care. A Carl Jung Concept Certified Coach, Payal has also completed her certificate program in Applied Neuroscience for Coaches. She is currently associated as a People Development Practitioner and Executive Coach at Potential Genesis HR Services. Skilled in Leadership Development, Training, Mentoring, and Community Outreach, the humanistic philosophy of 'respecting the dignity of life' is her guidepost and underlies her coaching work. She has recently associated herself with a community service engagement with TCSR – the Kasturi Program, towards empowering women farmers in India.

As a Certified Coach, Payal has worked with mid to senior-level managers, University students, Chartered Accountants, Engineers, Banking-personnel and house-wives in helping them transform their lives at the very core. She conducts workshops on varied teaching/training pedagogies. She designs and delivers programs and modules on Getting Things Done, Well-being, Absolute Happiness and the Signature offering- **The ProPer Self**. Actively involved with a lay Buddhist International NGO [working towards building peace through culture and education] she firmly believes in the soft power of dialogue in bringing people together and bridging gaps. Trust, patience and prudence are her core values and define her coaching approach as well. She is a voracious reader, loves to cook and looks forward to her daily practice of mindful meditation.



Name: Rekha R Upadhyay

Rekha is an Executive Coach and HR Professional with 14+ years of experience in talent management and talent acquisition. She has worked across HR projects like Succession planning, Talent Mapping, Board Assessment, Employee Transition projects, Competency development and training framework, Career Counselling & Mentoring across employee levels and has led successful CXO and Board level searches.

As a certified ICF-ACC from International Coach Federation (ICF) she works with individuals and teams in areas of Executive, Leadership, Performance, Life and Diversity Coaching. Other credentials include - NLP (Neuro Linguistic Programming)– Practitioner, Theory U Lab: Leading from the Emerging Future by Professor Dr. Otto Scharmer from MIT Sloan School of Management, Presencing Institute, HOGAN Assessments- Practitioner & Coach, Competency Based Interviewing Skills, CPI Career Transition Consultant. In the ongoing journey of a Coach she is currently pursuing ICF-PCC and Conscious Business Coaching by Fred Kofman.

Currently as an Executive Coach and Independent HR Advisor, she partners with clients globally on Talent Development projects like:

- Coaching (Individual and Team Coaching) and Leadership Development
- Organization Diagnostics Projects
- Career Transition projects

Prior to this she headed the Consumer Market vertical for BTI Executive Search-PERSOLKELLY India.

Director Research and Publication of the International Coach Federation-Bengaluru Chapter and member of Global International Coach Federation, NHRWA & NHRD. She regularly participates as a guest speaker and mentor with leading educational institutions and industry forums.

She holds an Executive Program in Global Business Management from IIM Calcutta and Bachelors of Business Administration from Guru Gobind Singh Indraprastha University.



Name: Jalaja Hariprasad

Jalaja Hariprasad, Credentialed Leadership Coach from the International Coach Federation (ICF) with close to 3 decades of exposure working with corporate Business owners/Leaders on the People challenges. Last two decades as an Entrepreneur and the rest in corporates like Tata BP Solar, HCL Technologies, BPL Telecom...

She helps progressive long term visionary organisations in Leadership growth/Behaviour change. Her work therefore involves Coaching Business Owners and Senior key decision makers help scale up and make the transition in creation of **second line of Leadership pipeline**, increase the business revenue thus paving way for more expansions and growth. She believes in the complete transformation of the people being coached slowly enabling a higher level of visible culture change across organisation and teams.

Her credentials and applications coupled with the three decades of corporate experience in the People development space/behaviour impacting work, help in handling the root of the challenges faced by organisations.

Her Coaching Credentials are PCC from ICF, Executive Coach from Marshall Goldsmith Process, CIQ Certified Coach, BELBIN Accredited.

Her Academic qualifications are MBA in HR and a MA in Economics

Her website www.influxhr.com will give more insight about her work



Name: Radhika Radhakrishnan

Radhika is a Counselling Psychologist with 4 years of experience in the field of mental health. A M.Sc. in Counselling and Family Therapy from IGNOU and graduate in Applied Psychology from Gargi College, Delhi University. Currently, she is pursuing a Professional Diploma in Clinical Psychology from SGT University (RCI approved) to practice as a Licenced Clinical Psychologist (Associate). She has undertaken Psychotherapy, Counselling and Marital & Family Therapy for varied cases across age groups related to stress, anxiety disorders, relationship issues, facing difficulty in family, substance abuse, trauma, career counselling and behavioural and emotional issues with children/adolescents, trauma and Career Counselling.

She has worked as Consultant Counselling Psychologist (Associate) at Prarambh: Let's Start Together, Tapasya Foundation (Noida) and Co-founder of "Mansa for Mental Health Awareness" - Initiative to create awareness about mental health and its de-stigmatization through regular campaigns. She is a core team member of the program "Sampoorna- Let's shine together" in collaboration with District Council for Child Welfare, Gurugram a project initiated to set child guidance and counselling centre in government and some private schools in Gurugram District. Currently under Mansa, she is supervising four Support Groups on issues including Depression, suicide prevention, addiction and LGBT community. Actively participated in providing Volunteering Counselling services for Crisis Intervention for emotional trauma in an international school; Delhi Riots victims; COVID-Anxiety.

Radhika has undergone clinical training and worked under a leading clinical psychologist in Columbia Asia Hospital, The Counselling Institute, Indian Institute of Counselling, Adiva Hospital, consulted Private Schools and is a Life Member of Somatic Inkblot Society (International). She has successfully conducted workshops on Training Master Trainers- Life Skills Training; Career Counselling Sessions; Capacity Building Program for teachers; and Work-Life Balance for corporates in Delhi & Gurugram. She has presented Research Papers and Symposium at National and International conferences and contributed articles & short features published in Psychologists- India's first Psychology Magazine and featured in leading media like Times of India.



Name : Maya Sadasivan

The human mind is capable of magic. In simple practical sustained steps.

The shift from Self Discovery to Self-Affirmation is subtle yet sustained through Maya's focus on nurturing individual strengths. Alignment of outcomes, both personal and professional is the tool she applies to enhance creativity and productivity in performance.

In the last twenty five years, she has moved through life as a journalist of trivia, the conventional teacher, an NLP Master Practitioner who guided behavior change, a soft skills facilitator enabling creation of customer experience and today, an ICF-PCC Executive Coach with focus on leadership development.

Bringing together concepts of Neuro Linguistic Programming and ICF based coaching strategies, she specializes in leadership development programmes and systemic dynamics. It is like clapping with two hands. The fulcrum is self engagement. She creates spaces for this self engagement - to explore, experiment, excel. Her USP is a heightened awareness of human behavior which provides the ease in leveraging an individual's innate worth for power, profit and peace of mind. With 3000+ hours of facilitation and coaching, the focus in Maya's work is to :

- Establish work cultures that sustain productivity
- Multilevel focus on systemic dynamics with direct impact on performance productivity profit
- Build sustained leadership excellence across hierarchy towards brand sustenance and expansion
- Creating customized bridge-spaces towards a dynamic engagement between management and employee

For a glimpse into her passion: <https://www.linkedin.com/in/maya-sadasivan-1bb705a/>



Name :Sarah Ronnie George

ICF Certified Executive Coach, Employee Engagement Specialist, Soft Skills Trainer .

Sarah has done her Post Graduate diploma in Performance Management from XLRI Jamshedpur, with over 16+ years of experience in coaching, training, engagement & development.

Starting off a career in corporate trainings, soft skills and personality development, Sarah has in her role as training manager has handled the training and development needs of clients in the telecom sector. Moving into training & development of a unicorn co in the data analytics space the transition into HR team as an HR Business partner was a challenge which helped kindle the fire to affect real change. As employee engagement lead, to partner with delivery heads and roll out engagement programs and running specific tailor-made interventions directly impacting business was the impetus to grow in the space of coaching.

Working with high potential managers on issues related to personal effectiveness, by using problem solving techniques to address the same. Well versed with the usage of personality mapping tools to gain awareness regarding behavioural patterns and perceptions, and using the outputs to help drive effective learning and communications styles.

An HR consultant, Data storyteller, Sarah wears many hats, including that of a CEO of an organisation in the educational space, working with schools to run Physics club as a part of their extra-curricular activities.



Vanitha Choudhari

Founder | Facilitator | Speaker | Mentor | Coach | EI Practitioner | Barefoot Counsellor

Vanitha Choudhari one of the first Genocertified Emotional Intelligence Practitioners in India. She comes with over two and half decades of transforming individuals and organizations through her impactful learning intervention, coaching and mentoring. At the peak of her corporate career, Vanitha was VP and Regional Head of Learning and Development at HSBC. She then went on to pursue her entrepreneurial dream with RadicalEdge Learning Consultants — an organization that ignites, coaches, and empowers individuals to become effective leaders who help build a positive, rich, and productive work environment. A believer in the power of mindfulness, Vanitha also coaches women and budding professionals in the subject so they can achieve optimal work-life balance. She is also a Business Mentor at Cherie Blair Foundation for Women (UK) and holds a certification in Women Entrepreneurship from NSRCEL, Goldman Sachs & IIM, Bangalore. Her vision is to empower students to manage their emotions and build a resilient society through her inspirational talks and activity-based sessions. She started her new company called GEMinU in the midst of covid-19 to empower children with Gratitude, Emotional Intelligence & Mindfulness.

Certifications

Genos International Master Practitioner

DISC Behavioural Assessment

Certified Coach for RCS (Result Coaching System) Australia

Advance Coaching - Franklin Covey USA

Hogan Assessment

MBSR- Mindfulness Based Stress Reduction, USA



Name: Sushma Banthia

Sushma has a passion for working with people and helping them develop. She has over 40 years of work experience which include teaching, working in the corporate environment and management consultancy. For the past 20 years she has been involved in Leadership Coaching and People Development.

Sushma is an experienced facilitator backed by conceptual and practical knowledge of working in the corporate sector in India as well as internationally. She was Vice President Engineering in a medical company in USA. She was responsible for the pacemaker project from R&D to production. She has published a paper which was presented at the IEEE Conference in Paris in 1992.

Currently, Sushma continues to work in the area of people development. She is constantly looking for ways to enhance her skills and those of others.

Certifications

Certified Professional Coach

Genos International Emotional Intelligence Practitioner

MBTI (Myers Briggs Type Indicator) Administrator (Step I and Step II Interpretive Report).

Thomas Profiling, UK.



Name: Usha Raghunath

An ICF certified executive coach with an MBA in strategy for senior leaders, from Milton Keynes, UK, Usha spent 15 years at Wipro and IBM (2002-2017), helping with the business transformation, organization development and leadership development journeys in these organizations.

A Global corporate citizen her work has taken her to Fortune 500 customers in the US, UK (including Scotland), Canada, Brazil, South Africa, Japan and across Europe – Hungary, Portugal, France, Germany, Switzerland, Netherlands and Denmark as part of business development, leadership development and Acquisition integration scenarios.

Usha spent the first 8 years of her career (1984-1992) writing code and managing software development projects for multiple organizations and the next 10 years (1992-2002), as an OD consultant for mid-sized companies and international non-profits.

She was founder trustee and executive director of a grassroots Non-profit Organization (1995-2005) which worked to bring marginalized child labor back into mainstream education and built supportive economic ecosystems through self-help groups and women entrepreneurship development to achieve these development goals. Usha is on the board of the Foundation for Research in Health Systems.

Usha is invited regularly to share a practitioner's perspective and best practices in international forums and contexts including the AOM (Academy of Management); AIB (Academy of International Business) and SMS (Strategic Management Society) Annual Conferences.

