

HOLISTIC WELLNESS & RESORTS COUNCIL

WICCI KARNATAKA

WOMEN'S INDIAN CHAMBER
OF COMMERCE AND INDUSTRY
www.wicci.in

Council Vision & Mission

VISION AND MISSION STATEMENT

VISION

Guide women to experience wellbeing, empower women, by uplifting them to recognize the power within
Support existing entrepreneurs to scale up their goods and services by providing a platform and mutually supporting each other every possible way.

To create successful models that can be replicated across communities

We aim to collaborate with the state government and influence government policies with the success of our projects in the area of physical, mental, academic, emotional, spiritual, financial, professional wellbeing.

Contd..

We are committed to be not only mentors but sponsors

Mentors are important, but sponsors are vital. Mentors providing guidance will only take you so far. We also offer sponsorship others by actively spotting opportunities for them and putting them forward for things – championing them and writing references

MISSION

Holistic wellness of women through our online inspirational sessions that support exchange of thoughts, assistance from experts to Navigate through life and achieve wellbeing in all areas of life. We plan to provide comprehensive programs to the community we adopt to achieve Holistic wellbeing, guidance on health, hygiene with special attention on skills to achieve economic self sufficiency.

Personality Development, self awareness and Mind management methodology as part of school syllabus for the schools of Karnataka

Welcoming Council Members to WICCI

*President, Vice President
and 20+ Nominated
Council Members*

Dr. ANCHAL M DUA STATE PRESIDENT

(HOLISTIC WELLNESS & RESORTS COUNCIL (KARNATAKA)WICCI

Dr. Anchal M Dua, is a Master Mind Coach, Certified Life Transformation Coach. Founder Director 'isucceed' Education and Training Academy.

An able Administrator, Chief Mentor, Educationist and Wellness Coach.

An MBA (HR) with Postgraduate degree in Sociology, Degree in Education and a Certified Life Skills and Soft Skills Trainer has an overall experience of over 30 years as Lecturer, Professor, Principal in various schools and colleges. Doctorate (Youth Empowerment) Honored by United Nations, Certified in Psychological First Aid, Certified Trainer Positive Psychology, Diploma in Psychological Counseling. Her favorite line 'Thrive to become effective and efficient, Pursue Excellence'

Master the 'AORT' Art of Right Thinking

A PROGRAM CONCEPTUALIZED, DESIGNED, DEVELOPED AND DELIVERED BY Dr. Anchal M Dua.

Master 'AORT' program trains you in the science of achievement and Art of fulfillment primarily facilitating exploration of SELF

'AORT' is an intensive workshop for Life Transformation and **wellness** that guides in transforming the perspective about self by connecting to the potential within self through scientifically proven techniques.

AORT 'Reprogramming the Mind' is a program put together after several years of research on various aspects of self and understanding of human psychology, sociology, and neuroscience. Thousands of students have been trained under her to pursue excellence and achieve Self Mastery.



SUCHETA AGGARWAL STATE VICE PRESIDENT

HOLISTIC WELLNESS AND RESORTS COUNCIL - KARNATAKA
WICCI

Sucheta, Founder Director of Kids Space Academy, Day and Night Child care centre and Aspirez Training Academy. She is also running a brand called Anubhav Arts, which sells Indian hand made products from 2020.

She is a passion driven entrepreneur owning Aspirez Training Academy (which provides various training like Aviation Training, Soft Skills Training, Career Coaching, Mentoring) and Kids Space Academy, preschool cum 24/7 child care center in Bangalore. Because of its unique concept of 24/7, She got a lot of media attention in India and abroad. She has been running this preschool since July 2011 and has mentored a lot of women to come up in their life through her training skills. She has pursued MBA in Finance, worked in ITES industry for 4 years and is a member of EARLY CHILDHOOD ASSOCIATION, KARNATAKA COUNCIL OF PRESCHOOLS, INTERNATIONAL VAISH FOUNDATION, BUSINESS NETWORK INTERNATIONAL, and Art of Living. Her passion is to empower people (especially women) through various training programs.

Kids Space Academy has been recognized and aired in number of news channel TF9, News9, Janasri, eTV Kannada, Suvarna 24/7, Public TV and also been covered by the print media like The Times of India, Deccan Herald, DNA, Prajavani, Outlook magazine, Time Out magazine, The Child magazine, The New York Times magazine, Making of a Parent, The Perennial Journal, Bharat Jyoti Puraskar



TYPE NAME & WICCI DESIGNATION

CHETANA J COUNCIL MEMBER, (HOLISTIC WELLNESS & RESORTS COUNCIL)
WICCI -KARNATAKA

I am MA, Bed, currently FOUNDER PRINCIPAL-
HMV International School (Affiliated to CBSE, New
Delhi), Nagarbhavi,
Was the FOUNDER PRINCIPAL Of Shraddha
Intellectual Residential School,
Madakasira, Andhra Pradesh
FOUNDER PRINCIPAL of HMR International
School
CO ORINATOR-Jain Heritage School
ACADEMIC COORDINATOR St. Mary's Convent



DR. BHARATHY P COUNCIL MEMBER

HOLISTIC WELLNESS AND RESORTS COUNCIL (KARNATAKA)
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DR. BHARATHY P, MBBS-Post graduation fellowship course in Diabetes
(recognized by RGUHS, Karnataka) Diacon Hospital, Bangalore
General Physician & Consultant Diabetologist

M S Ramaiah Hospital, Bangalore Medical Officer in Geriatrics Department
Outpatient care of Geriatric patients with special emphasis on preventive
geriatric care, Managed Geriatric patients with Diabetes including lifestyle
change counseling

RESIDENT DOCTOR-Columbia Asia referral Hospital, Yeshwanthpur,
Bangalore &SKS Hospital, Salem, Tamilnadu

Dept. of Surgery, Brigham and Women's Hospital, Boston, USA

- Did vascular tissue harvest from animal samples and embedding.
- Published two scientific review papers and an abstract. Assisted in the preparation of research papers.

Lahey Clinic, Burlington, Observer in the **Internal Medicine Unit**



BEENA THOMAS PINTO COUNCIL MEMBER

HOLISTIC WELLNESS AND RESORTS COUNCIL- KARNATAKA , WICCI

Doctorate in Management Studies from IIBMS, **Post Graduate Diploma in Finance and Human resources** from

St. Joseph's College of Business Administration, Bangalore, 2005. **Bachelor's Degree in Business Administration** - Marketing,

13+ years of entrepreneurial and organizational comprehensive experience in various domains ♦
Certified Soft-Skills Trainer and a passionate Child- Parent Counsellor

♦ Proven ability to create and execute high impact social and business plans, Building, motivating and leading teams, aligning efforts to achieve organizational objectives

Professional experience

Founder Director October 2019 to present Litos Training and Personality Development (<https://www.litos.co.in>), Bangalore

Change Analyst June 2013 to April 2014 IBM India Pvt Ltd

Preschool Director April 2015 to present Bachpan Playschool, Bangalore
Sr. Executive – Marketing and Communication June 2014 to April 20 Embassy Properties development Pvt Ltd, Strategy and Change Consultant (HR operations) Feb 2009 to Aug 2010 IBM India Pvt Ltd, Bangalore, HR Executive , IBM India Pvt Ltd, Bangalore, HR Generalist May 2005 to Jul 2005

Fidelity Investment, Bangalore

Offering an array of skills in staff development, mentoring, coaching, sustaining professional relationships, verbal and written communication, logical problem solving, effective training delivery techniques and cost reduction.



DR. RANGASHRI KISHORE – COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS COUNCIL, (KARNATAKA) COUNCIL
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Dr Rangashri Kishore was Founding Director of Ashoka University Library prior to joining as Dean of Library Services at Krea University. She is a Librarian by profession but she is also a mental health worker by avocation. She has co-founded three half-way homes in India. She has received several awards during her thirty-five years of work in the field of Library Services and Mental Health

This year she is receiving the Bharat Vikas Award and the Rex Karamveer Award.

- **WINNER OF LEARNING TIMES INNOVATIVE INFORMATION SERVICES AWARD FROM LEARNING TIMES NEW YORK U.S.A for the year 2003.**

- **FIRST ASIAN WINNER OF 'ASCLA EXCEPTIONAL SERVICE AWARD' FOR THE YEAR 1999 FROM THE AMERICAN LIBRARY ASSOCIATION.**

Rex Global fellowship and Karamveer Award, Bharat Vikas award 2019



RADHIKA G N COUNCIL MEMBER

**HOLISTIC WELLNESS & RESORTS (KARNATAKA) COUNCIL
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Radhika G N is a MSc MPhil worked as a lecturer in various reputed colleges, currently working as education consultant and hosting educational based programs on local Kannada channel- Basava TV



MONALISA COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS (KARNATAKA) COUNCIL
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Monalisa is an educationist, environmentalist and a mentor at heart, and believes that world is our classroom. She started her preschool (World of Wonders, in Bangalore) with a vision of quality education for all at an affordable cost. A mother of two children, she has devoted most of her time over the past eight years for the betterment of children around her. Based on her observations and study she has herself designed a unique curriculum for her school.. She has been able to positively contribute to bring about change in children with special needs. In the past her school has received award for “Most Promising Preschool in Karnataka” and “Innovation in Child Development”. Monalisa is an MBA and has been contributing in the field of education right from her childhood. Since her school days she has been teaching children younger to her.



VIDYA SRINIVASAN COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS (KARNATAKA) COUNCIL
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Vidya Srinivasan is an MBA with Human Resource Management as specialization, Certified Soft Skills Trainer. A Reiki Practitioner. Always ready to work towards women empowerment and women wellness.

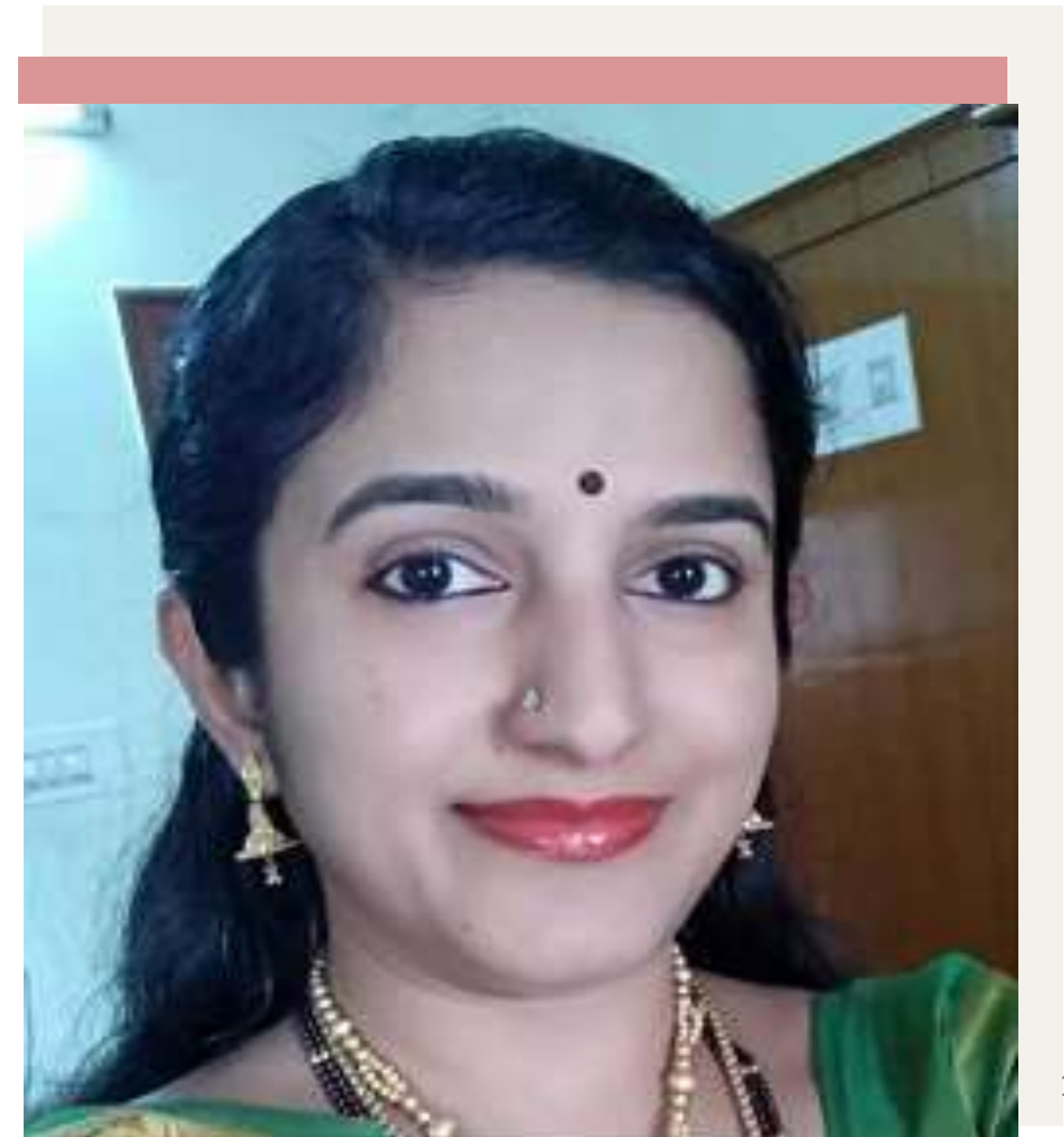


HEMA BELLUR COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS , (KARNATAKA)COUNCIL
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Hema Bellur a Cine artist, with Diploma in Airlines, Travel and Tourism Management, Certified Teachers Trainer. She has done more than 50 serials and 6 movies. Acted in Hindi, Kannada and Telugu serials. For her performance in serial Supanatisub she has won the nest actress award from Karnataka Chitra PremigalaOkkuta in 2008.

She has acted in Hrudaya hrudaya(1999) Surya Vamsa (2000) Khiladi (2000) Vaali (2000) Rustom (2001) Dumb (2003)



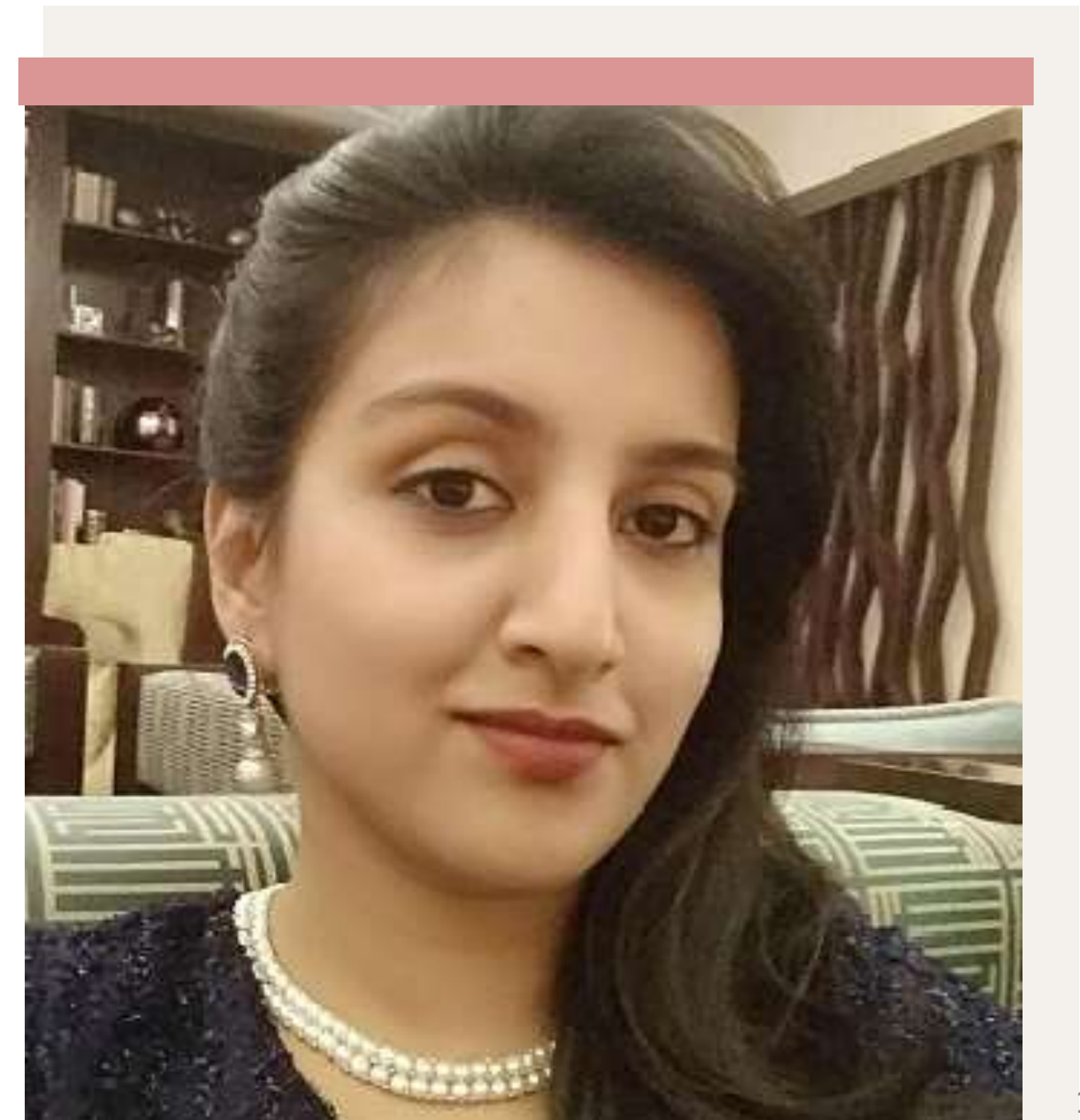
HARSHITA CHANDRAKANTH COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS, (KARNATAKA) COUNCIL
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Harshitha Chandrakanth is an educator, entrepreneur, a child development proficient and a Montessori teacher trainer. She holds a masters degree in Physics, PGCE (Educational management and professional development) from Greater Manchester and Montessori diploma from Associate Montessori international, Netherlands.

She has worked with Southern academy for formal education and Deeksha institute-Reva University as lecturer. With over 10 years of teaching experience at various capacities, she is now the founder and director of Elm early education Montessori house of children, Bangalore which was shortlisted among the top 500 schools by Forbes India for having set a benchmark for quality education in India. She strongly believes that 'education begins from home' and conducts workshops on creative conducive learning environments at home, Montessori philosophy and its approach to ushering child development and what should you know about your child.

In the next five years, she plans to set up various creative, stimulating and experiential Montessori learning environments across Bangalore that focuses on guiding children into becoming independent learners and free thinkers. She plans to reach out to 100,000 young children and unravel their human potentialities.



ANNAPURNA H N COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS (KARNATAKA) COUNCIL
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Annapurna H N is a BA Bed, MBA (Education Management) She is a Principal in Jain International School- Bangarpet, Experienced in education 32 years. Passionate in training Rural children and also rural folks. An accomplished educationist.



DR RENUKA D ANVEKAR COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS COUNCIL, (KARNATAKA)COUNCIL
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Dr Renuka D Anvekar, A doctor of Ayurveda medicine

She has a Diploma in ADVANCED MONTESSORI METHODOLOGY from Indian institute of Montessori Studies.

She has a 500 hour Yoga Teachers Training Certificate from the prestigious KYM Chennai.(Sri Krishnamacharya Yoga Mandiram)Yoga Guru of Sri BKS Iyengar. Diploma in counseling skills.

Certificate course in creative Teaching from I ACT

A Diploma in Vastu Shastra from BHARATIYA VIDYA BHAVAN CERTIFIED HEALTH COACH from CALIFORNIA INSTITUTE OF INTEGRAL MEDICINE.

She is a guest faculty for the Indiranagar Teachers Training Course of KYM and teaches the Ayurveda. WELCOME HOME BABY FOR moms to be and MY SMART BABY for Babies 0-4 yrs of age .She is on the academic advisory board of a number of schools

Her forte is in the area of early learning and has given an n number of talks to parents and teachers on the topic “How to make your Baby a genius”



JAYANTHI PANIRAJ - COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS (KARNATAKA) COUNCIL
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Mrs. Jayanthi Paniraj is a post graduate in English Literature, has an illustrious career as a teacher and an administrator.

She strongly believes in growth and continuous learning. She wishes to be a learner for life. To enrich her knowledge she has acquired a post graduate degree in teaching English.

Adding feathers to her cap are – A Diploma in Counselling and guidance, A Diploma in Environmental Education, from CEE, qualifying as an ELT examiner for ASL

examination. She has also written EVS textbooks for Grade 1 and 2. These are currently being used in the present school.



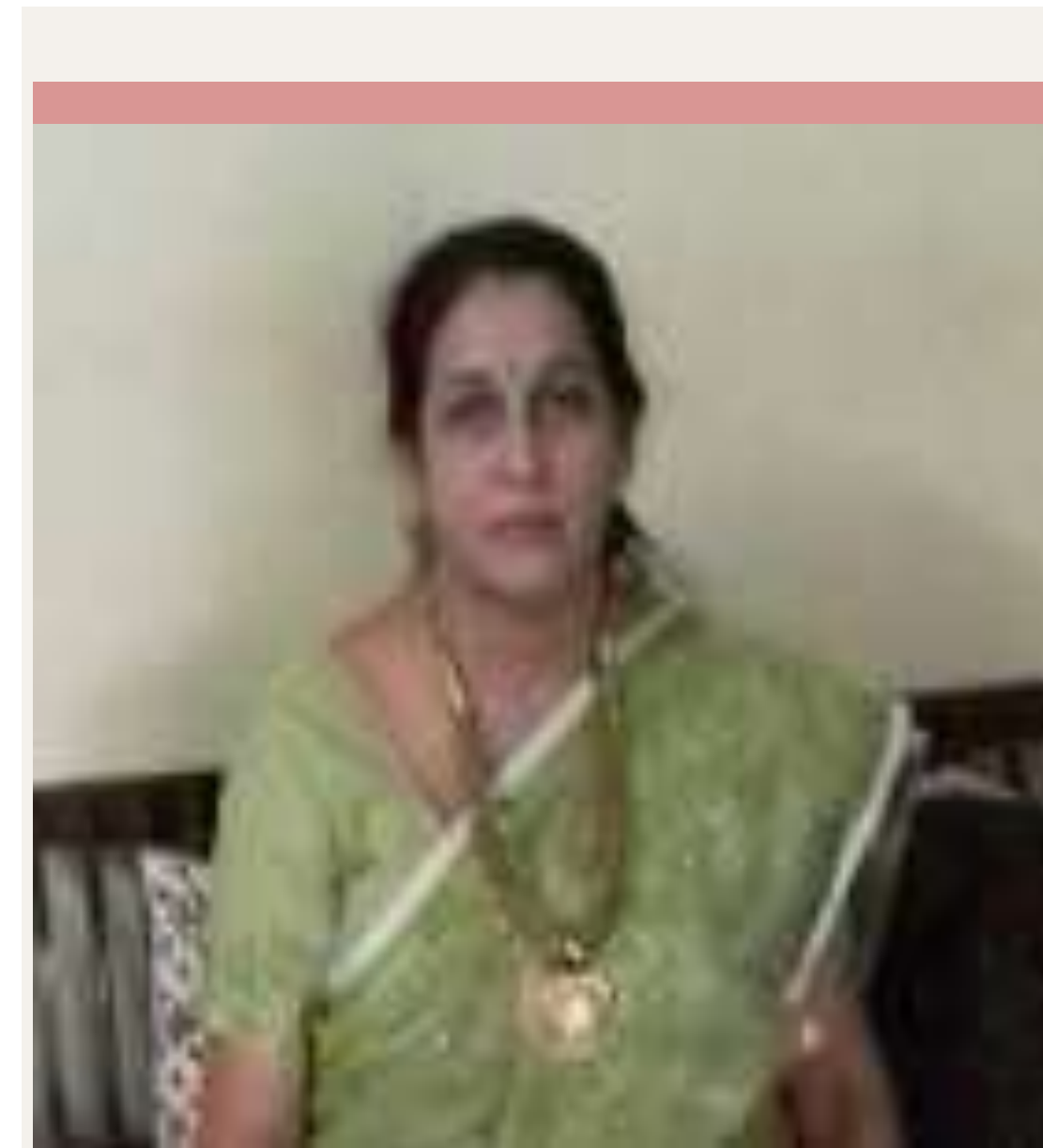
CHITRA JAGANNATH COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS, (KARNATAKA) COUNCIL
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Ms. Chitra Jagannath has a background of Mass Communication/ Journalism and a Post Graduate diploma in Marketing & Sales.

A journalist and an advertising professional. Moved into the corporate sector gained experience in marketing & selling paints. Started work in the social sector and got involved in Women's Reproductive health connected to livelihood and skills training & placement .

Presently am the Chief Operating Officer of an NGO - I Create India which is involved in promoting Entrepreneurship at the Grassroots level and providing seed capital assistance and am totally involved in helping Army Veterans in setting up business at the villages that they hail from. .



APARNA BEDI TIWARI COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS (KARNATAKA) COUNCIL
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I am Aparna Bedi Tiwari an entrepreneur running a preschool, day care and activity hub at Hullimavu Bangalore. I own a franchise of Wow kids, I have 15 plus years of experience in teaching and also worked in Curriculum development and Content writing for various websites.

I have created my YouTube channel for kids to learn and study using activity based methods. I am passionate to teach kids and I write rhymes and articles for children's learning. Since 4 years, I started my preschool and want to grow my venture on a huge scale to help and foster growth of children in the field of education.



RAMYA KARTHIK COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS (KARNATAKA) COUNCIL
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A Financial Accounting and Banking Professional, Educator, Certified Montessori Teacher Trainer, Start-up Enthusiast, Highly Organised Accountant. A passionate full-time teacher for last few years imbibing fresh thoughts for the first generation students. Entrepreneur of an e-learning platform meant to provide a common platform for hobby enthusiasts and learners intent to hone the performing arts and skills from any location. Diversified expertise in the field of Company's Financial Accounting, Banking Accounts both in India and Abroad.



SOWMYA SATISH COUNCIL MEMBER

**HOLISTIC WELLNESS AND RESORTS (KARNATAKA) COUNCIL
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Sowmya Satish is an Early Educator and Resource Specialist, having over 15 years of experience. She has conducted more than 700+ teacher enhancement programs. An innovative story teller and language trainer whose expertise is how languages can be introduced to young children. She is known to be a treasure trove of stories and rhymes, old and new. She guides teachers on how to use everyday objects creatively as teaching aids. She actively involves in projects which empowers teachers. She is a Post Graduate in Child Development and has done several certifications. {Early Math for Preschoolers, Early Science for Preschoolers, Handling Special Children, Awakening Creative thinking , Internationally trained Clowning Artist, Music Coach, Internationally Certified Motor Skill Trainer-Singapore, International Certified Music and Movement Trainer-Turkey, Internationally trained Music and Rhythm Coach, Internationally Trained Early Musical Learning Coach, Internationally Certified Fine Motor and Handwriting Coach, Internationally Certified Senses and Sensory Processing Coach, Life Skill coach, Calligraphist, NLP expert



ISHVIENE

COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS , (KARNATAKA) COUNCIL
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Master's in Management Studies (MMS) from SP Jain Institute of Management & Research (SPJIMR), Mumbai in 1992.

28+ years' experience in Advertising, Brand Management, Market Research, Technology and Digital Marketing in India and Dubai. Worked with clients and brands like Unilever, Pepsi, Reckitt and Coleman, P&G, Sony SAB TV, Hitachi

Serial entrepreneur -- Co-founded 6 start-ups in the past 2 decades in the fields of brand consulting, smart realty, media and digital marketing.

Currently, Managing Director at BRANDWAGON - a Digital Marketing agency helping key brands/ clients enhance their presence online.

Also the Founder and CEO of ISHKAA STUDIOS – a creative, collaborative Media 3.0 venture; and #Acceptance Project – a not-for-profit initiative celebrating Diversity and Inclusion.



MRS KAVITHA SHEKAR COUNCIL MEMBER

HOLISTIC WELLNESS & RESORTS , (KARNATAKA) COUNCIL
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Kavitha Shekar is a Jewellery Designer and has her own Jewellery store 'SAI CREATIONS' in Basawangudi, Bangalore. She has Diploma in Confectionary and Baking Kavitha is also a Director of Cooperative Bank. She is an active member of NGO, AKAL supporting Education and basic necessities to rural population.

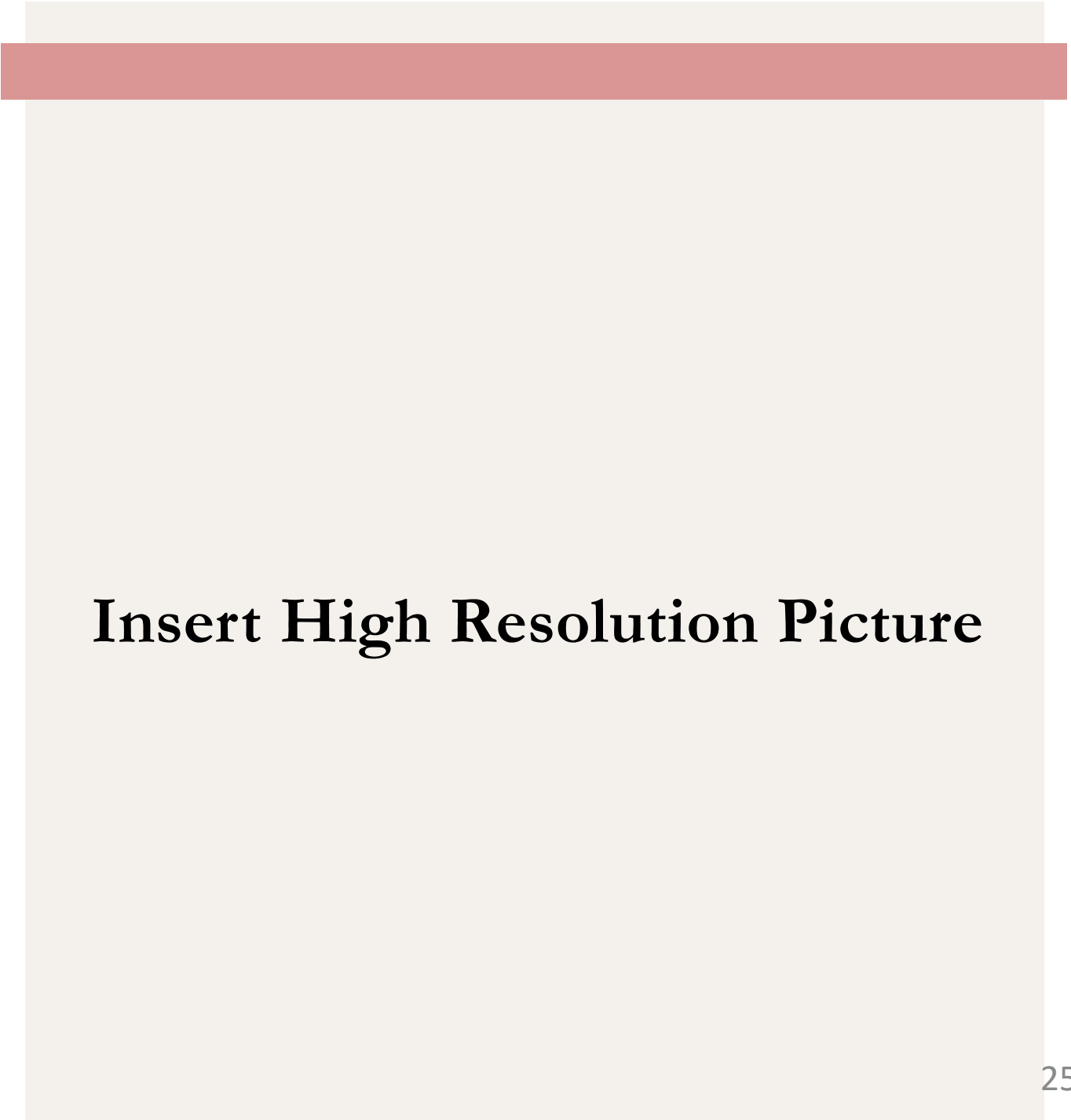


TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (.....) COUNCIL
WICCI

BIO :-
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SUPPORTED BY

WICCI is supported by the massive global networks of ALL Ladies League (ALL), Women Economic Forum (WEF), and SHEconomy.

ALL is a movement of 'Sisters Beyond Borders.'

WEF is a platform for 'Business Beyond Borders.' SHEconomy is e-commerce for women worldwide in Goods & Services for 'Commerce Beyond Borders'



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SHECONOMY

COUNTRIES REPRESENTED

Albania, Angola, Armenia, Argentina, Australia, Azerbaijan, Bangladesh, Brazil, Burundi, Cameroon, Canada, Chad, China, Costa Rica, Croatia, Cyprus, Czech Republic, Colombia, Ecuador, Egypt, Ghana, Germany, Greece, Guatemala, Hong Kong, Hungary, India, Italy, Israel, Ireland, Japan, Kazakhstan, Kenya, Kyrgyzstan, Lesotho, Luxembourg, Malawi, Malaysia, Mexico, Moldova, Monaco, Montenegro, Morocco, Mozambique, Malta, Netherlands, Nigeria, Nepal, New Zealand, North Macedonia, Norway, Paraguay, Portugal, Peru, Puerto Rico, Philippines, Qatar, Romania, Russia, Rwanda, Serbia, Singapore, Slovenia, Spain, South Africa, South Korea, Suriname, Sweden, Switzerland, Syria, Tunisia, Turkey, Uganda, Ukraine, UK, Uruguay, Venezuela, Vietnam, Virgin Islands (US), UAE, USA, Uzbekistan, Zimbabwe.

