

Council member details -Uttarakhand chapter for Psychology and Counseling

1. Dr. Shivika Dutt (President-Uttarakhand Chapter)

Short Bio-I am currently working at the University of Petroleum and Energy Studies as Assistant Professor. A keen academic and research professional with a doctorate in Clinical Psychology, she received a scholarship for two consecutive years. She has 6+ years of enriching experience in the education sector including teaching in various disciplines, e.g., Clinical Behavioural Psychology, CBT, Behaviour Therapy, and Organizational Behaviour. She is trained and certified in NLP. She is also associated with the Live Love Laugh Foundation and conducted sessions for behavioural and clinical mental ailments with different age groups.

Key Interest Areas- Gender pay parity issues, Development of women think tank, Innovation in education, mental health policies and Environmental issues.



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2. Mrs. Neerja Sisodia (Vice-President)

Short Bio -I am an army officer's wife, started my career as a teacher. I have undertaken many consulting assignments with ONGC and various other Govt. organizations. Currently working as a visiting faculty in UPES and Doon Business School, Dehradun. Expert in folk dancing, especially Rajasthani folk dance.

Area of Interest -Choreography, teaching professional etiquette, teaching dining etiquette, Teaching English



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3. Dr. Madhu Arora

Short Brief -A trainer-cum-academician. I am a double post-graduate with an MBA in Operations and a Masters in Personnel Management and on the verge of completing my Doctorate of Philosophy in Management. I have work experience of around 20 years in the arena of training subjects as diverse as IT, HR and Communication Skills. I have conducted corporate workshops too on IT subjects and Soft Skills. Recently, I have submitted my Doctoral thesis in Operations Management.

Area of Interest- Training, Betterment of Women



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4. Miss.Himanshi Sharma

Short Brief -Himanshi Sharma is a dedicated professional with over 14 years of experience in the area of HR administration and academics. Presently, she is pursuing her Ph.D. in psychology and working as an Assistant Professor of Psychology and Counsellor Psychologist at a reputed university in Uttarakhand. She is passionate about human psychology and volunteers for therapy sessions in her leisure time. She works on individual empowerment and focuses on ways to improve an individual's self-image and self-actualization. She is passionate about using her abilities and knowledge to benefit society.

Area of Interest- Women Empowerment, Adolescent Counselling & Guidance, Mental wellbeing of Individual, Family Counselling.



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5. Dr. Neetika Mehta

Short Brief -Secretary (Avika Care & Heritage Foundation, Dehradun)
Assistant Professor (University of Petroleum & Energy Studies, Dehradun)

Trainer & Consultant (National Productivity Council of India, an autonomous organization under Department for Promotion of Industry & Internal Trade, Ministry of Commerce and Industry, Government of India) Consultant (Wildlife Institute of India).

Area of Interest- Skill development and skill generation



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